

LIGHT THE EARTH

The most important thing I learned from my Higher Self while doing my regression work is that healing ourselves is a moot point unless we also heal our beautiful planet Earth. What we have created we must uncreate. We humans have created a grave imbalance. Nature will not tolerate imbalance. Nor will nature allow humans to destroy it. It will destroy humans before humans destroy it. This has already started—tidal waves, earthquakes, climate change, and the list goes on. Do we want to continue to live here, or do we want to be obliterated?

But we *can* save the Earth. It is *not* too late. Over and over in my regressions I was made aware of the power of my light. We are spirit incarnated in a human body. Our bodies are part of nature. Our spirit self is part of The Light. Light is the energy and consciousness of God (or the Creator, or Source, or whatever term you prefer to use). We are all connected to The Light. Over and over Pamela helped me use my light to feel safe, protected, loved, and guided. Well, it is that light, *our* light, that can save the Earth and correspondingly save us.

Light offers us a simple and deep technique to protect, heal, and yes, enlighten the Earth. As I learned from working

with Pamela, thought has power. Ten minds focused on a single thought magnify the power tenfold. One hundred minds magnify the power one hundredfold. One thousand minds focused on a single thought will move a mountain. When hundreds of thousands of minds focus on the single thought of beaming spiritual light to the Earth, Nature is helped to heal the Earth. No words. No prayers. Just light.

The Light of the Creator knows what to do with your light. Offer your light daily. This is not meant to take the place of prayer [or any other personal spiritual practice]. It is a separate offering in which your light joins the Creator's Light for the highest good for the Earth, for you, for your loved ones, and for the world.

Simply focus on the thought of holding the Earth in your hands as the white light of your spirit beams from your third eye to surround and fill the Earth's atmosphere, its surface, the molten magma deep inside the Earth, and the Earth's core with light.

Why white light? It holds all the colors. Why the third eye? It is the center of spiritual thought.

Light the earth daily.

For available resources and additional information on the topics covered in this book, please visit:
www.signalsfromthesoul.com.